# FSA

#### **Flexible Spending Accounts**





## DID YOU KNOW?



When asked how employees decide contribution amounts to their tax-advantaged accounts



found it valuable to review their previous spending habits.



Source: CDH Account Trends: Tax-Advantaged Account Usage, Outlook and Perceptions

#### WE MAKE SAVING **EASY**

ConnectYourCare is your health care account administrator, offering the most advanced and user-friendly solutions.











Online and mobile account access

Easy access to funds

Payment card

24x7 live customer support



#### ENROLLMENT **TIPS**

Check your enrollment dates

Select FSA for year-round savings and benefits

Use your account throughout the year





#### WHAT IS AN FSA?

A **Health Care Flexible Spending Account** (FSA) is an account that allows you to use pre-tax dollars to pay for qualified health care expenses.

A **Dependent Care FSA** is a welcome money saver for today's working parents, allowing you to set aside pre-tax money for eligible dependent day care expenses so you can work.



## WHY DOES AN FSA ROCK?





## HOW MUCH CAN YOU SAVE?

How it works: Assume Mike earns \$45,000 a year and contributes \$2,000 to his FSA.

	With FSA	No FSA
Annual Pay	\$45,000	\$45,000
Pre-tax FSA Contribution	\$2,000	\$0
Taxable Income	\$43,000	\$45,000
Federal income and Social Security Taxes	\$12,750	\$13,343
After-tax dollars spent on eligible expenses	\$0	\$2,000
Spendable income	\$30,251	\$29,658
Mike's Tax Savings	\$593	\$0



Sample tax savings, actual savings will vary based on your individual tax situation.

## WHAT MAKES AN FSA DIFFERENT



Peace of mind



Confidence



#### Cash flow





## MAKING IT BETTER FOR YOU

How does an FSA through ConnectYourCare work?



Secure mobile technology







Information

Communication

Accessibility





## HOW CAN I USE MY FSA?



**Fund your account** — Decide how much to contribute during enrollment. Pre-tax funds are deducted from your paycheck.

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**Online and mobile app** — When you don't use your card, easily submit payment requests online or on your mobile app. Snap a picture of your documents and quickly upload.

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**Payment card** — You will get a payment card to pay for health care expenses.



**Help is here** — Questions? We're available 24/7.



#### WHAT'S COVERED UNDER AN FSA?

- Acupuncture
- Ambulance
- Artificial limb
- Birth control pills
- Blood pressure monitoring
- Breast pumps
- Chiropractic care
- Contact lenses
- Dental treatment
- Dentures
- Diagnostic services
- Drug addiction treatment

- Eye exam
- Eye glasses
- Family planning items
- Feminine care products
- Fertility treatment
- Flu shot
- Hearing aids
- Hospital services
- Immunization
- Insulin and diabetic supplies
- Laboratory fees
- Laser eye surgery

- Medical testing devices
- Nursing services
- Orthodontia (not for cosmetic reasons)
- Over-the-counter (OTC) treatments
- Physical exam
- Physical therapy
- Prescription drugs
- Psychiatric care
- Surgery
- Sunscreen
- Wheelchair, walkers, crutches and canes



#### WHAT IS A DEPENDENT CARE FSA?

A **Dependent Care FSA** is a tax-advantaged account that allows you to use pre-tax dollars to pay for eligible child and elder care while you work.



Before or after school care



Care of a child under age 13 at day camp, preschool, or by a private sitter who lives in your home eight hours a day



Care of an incapacitated adult who lives with you eight hours a day



Expenses for an in-home employee whose duties include caring for a dependent



#### MAKING THE MOST OF YOUR **FSA**

Throughout the year







Know your plan deadlines

Spend your funds, don't lose them Use the marketplace



## ONLINE PARTICIPANT PORTAL



#### Online access to:

- Account balances
- Transaction history
- Reimbursement requests
- Pay your provider
- Update personal information
- Health education and wellness tools
- FAQs, guides and tips

## MOBILE SOLUTIONS

#### myCYC<sup>®</sup> Mobile app

- Available for Android and iOS devices
- Account balance, alerts and transaction history
- New payment requests
- Tap to call Customer Service
- Upload claim documentation with your device's camera

#### Mobile alerts

- Request and receive account information and alerts via text message
- Sign up for this feature through your online account





## PAYMENT CARD FOR HEALTH **FSA**



#### Easiest way to pay!

- Accepted at qualified care locations
- Pay for qualified health care expenses, deducts from your FSA
- No need to pay upfront and wait for reimbursement
- Multiple CYC accounts are accessible with the same card (if offered by your employer)



#### BEST-IN-CLASS CUSTOMER SERVICE

Available 24/7, 365 days a year





## COMMON QUESTIONS





How will I be able to access my account funds? 0

Will I have to submit documentation for card payments?



#### GET STARTED NOW WITH YOUR CONNECTYOURCARE FSA!



